



Around the Barn

at Canter Haven Farm

Summer is here and so is our newsletter. Here are some highlights of 2023 so far!

STARTING SPRING OFF RIGHT!

After a snowy winter and a lot of moisture, High Alert and I headed out for a few trail rides. Due to the all the snow melting, the stream was full and rushing. High Alert did not get the option of casually walking through a small stream rather we had to take the bridge. Such a brave boy!

Getting out on the trail is also great cross-training. Natural hills help

strengthen stifles, hocks, hips as well as their minds so that they can feel more confident at shows! Also, nice to get away from the ring.

Supporting shows that show off OTTBs

For 2023, we had a plan. Jumper shows that specifically had classes for Thoroughbreds or Jockey Club TIP classes. Shows also needed to be within a 15 hour drive. Sorry East coast! We see several putting on Thoroughbred shows but that is a long drive. Maybe someday though!

We had a few options in Northern California as well as Southern California. The Temecula Valley shows, put on by Nilforushan Equisport were promising as some shows offer discounts for OTTBs but there were also shows supported by NorCal Thoroughbred Events that we have been wanting to attend for a few years now. We missed out on the NorCal thoroughbred only show at Brookside due to some unfortunate events at home but we did make it to the Woodside Summer Soiree that had thoroughbred only classes.

We had a great time at Woodside and made some new friends. The NorCal Thoroughbred group is energetic, supportive and all about OTTBs! Looking forward to more NorCal Thoroughbred events in the future.



Future Events

Now that we are halfway through summer, it is time to start planning for the fall and winter. September has a schooling event that does have Jockey Club TIP support so Sidepocket Champ may get to go back to his first career after the track – eventing! Kitchen has indicated that being a jumper is not really his thing, and that is okay, as Kit is a super cute mover and seems to like dressage. More so that his rider but have a feeling that Kitchen will make dressage fun again.

For winter, well that is easy, as it is time for our most favorite thoroughbred show. Hunters, Jumpers and that Dressage stuff, all at the Thoroughbred Holiday Classic. By far our favorite and has been so for the last 6 years. It was 6 years ago, on a whim, I talked a few barn friends into making the trek to Southern CA for this OTTB only show. Each year when we can go back, it just gets better and better. We sadly missed it in 2022 as could not justify the cost of diesel at almost \$7 a gallon x 1400 miles round trip but after saving money from missing out last year, you bet we are ready this year. Let's end the 2023 show season with the best show ever put on by CARMA!

For more information about CARMA and the upcoming Thoroughbred Holiday Classic:

<https://www.carma4horses.org/events/thoroughbred-classic-horse-show-series/>

OTTB Spotlight

Cassian (US Deputy) came to Canter Haven Farm in the summer of 2022. Without going into details about his history, that is still a little unknown, what is important is that his owner reached out to us. For the brief time that his new owner had him, she knew that he needed advanced care and a place that could provide him sanctuary in case he could never be ridden. Cassian was only 3 years old when his racing career ended and he made his way to Utah.

Cassian was, and continues to be, the most difficult and involved rehabilitation case we have had at the farm. His initial vet visit was a health assessment and then there was his knee. His knee was about 3 times the size of a normal knee and the first question the specialist asked was 'what were our plans with him'. When we said no plans, the response was good, let's just get his body condition improved and go from there. For a month, that is what we did but I just had to work out a plan for his knee. He was only 3 so wanted him to have the best chance at a good life.

One of our vets had a Pro-stride therapy symposium. After attending, all I could think about was would this work for Cassian? So we did it! Cassian also had PEMF therapy by our great PEMF practitioner, regular follow ups by our vet along with a series of shockwave treatments for his tendon thickening. Over the next several months, Cassian's knee started to look normal. His accessory carpal bone will always be large but the view from the front looked good. During one of his re-checks with our vet, he flexed and trotted off normal!

Recently, Cassian did have a set back. His knee became inflamed again and we are back trying to figure out what is going on. X-rays are good so that is encouraging. Cassian is a stall walker and does become stressed easily so anticipating that we will have highs and lows in regard to soundness but that is okay. He is just the sweetest baby giant! The Christmas photo below is Cassian, the 17 + hh, and Skye who is 15.2 hands.



Calendar for the fall 2023

There are some open weekends so send us your show and event info. The OTTBs are always looking for fun shows to attend! <https://www.canterhavenfarm.org/stuff-to-do>

Time zone: (GMT-07:00) < August 2023 > Today

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5 *Lynnleigh ...
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2 2 phase at S...

Time zone: (GMT-07:00) < September 2023 > Today

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2 2 phase at S...
3	4	5	6	7	8	9 Wasatch Po...
10	11	12	13	14	15	16
17	18	19	20	21 *Treasure Vall...	22	23
24 *Treasure V...	25	26	27	28	29 *Jump Hunter...	30

Time zone: (GMT-07:00) < October 2023 > Today

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Scotsman C...
8	9	10	11	12	13 ccec hunter ...	14 Four Reel Far...
15 Four Reel F...	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

The Shows and Clinics of the year so far

Lynnleigh Farm



Woodside Horse Park



Natalia Neneman clinic

Sharon White Clinic

